

SATURDAYS IN THE GARDEN

Come see what's happening in the Blue C Community Garden. The growing season is upon us and our free garden programs have begun.



Saturday, June 20 • 1 - 2 p.m. – GROWING MEDICINAL HERBS

Medicinal herbs have been used for thousands of years to relieve common ailments like indigestion, stress, anxiety, sunburn, headaches, coughs, and colds. Many of these plants grow right here on the Central Coast. Hope Merkle, manager of Los Osos Valley Nursery, will talk about the care and growing of these important herbs.



Saturday, July 18 • 1 - 2 p.m. – GUILD PLANTING

Come learn this interesting permaculture concept from Jim Cole of the Permaculture Guild. Designing a miniature ecosystem in your garden by intermingling appropriate and complementary plants will boost nitrogen, improve soil quality and even save water.



Saturday, August 29 • 1 - 3 p.m. – PRESERVING YOUR HARVEST

You've picked your harvest, eaten what you can, given some away and you still have plenty left. Now what do you do? Join Certified Master Food Preserver Howard Martin as he teaches us how to hang onto our summer gardens with canning. Howard will teach us the basics of safe and nutritious home canning.



Saturday, September 19 • 1 - 3 p.m. – VEGETABLE SOUP COOKOFF

The harvest is in and it's time for some friendly competition. Whip out your favorite recipe, make a batch of vegetable soup and enter it in Blue C Community Garden's first Vegetable Soup Cookoff. The winner will be chosen by a panel of local soup epicures. Prizes! Music! Call 548-0597 for more information or to enter.

BLUE C
COMMUNITY GARDEN

1968 11th Street, Los Osos

Plots still available! Call Lucy at 548-0597

Visit us online at www.ecologistics.org