

The Deep Ecology Affirmations

I acknowledge that the Earth and its living things are being negatively impacted by human activity and that I have contributed to this situation.

I choose to discard a life of rampant consumerism and to live more lightly on the Earth.

I choose to accept a definition of wealth as not the accumulation of money and possessions, but one that includes a healthy planet, clean air and water, and thriving wild nature.

I have made an unflinching assessment of my personal use and abuse of our planet and its resources, and I will strive to remove or reduce destructive practices.

I am ready to humbly apologize to nature for my past carelessness or uninformed behavior and I acknowledge that I am ready to move forward in positive change.

I will be ever vigilant in weighing the actions I take to assess their potential to harm or benefit to the planet.

I will seek through any available avenue ways to improve my contact and connection to the Earth and all living things, habitats and environments.

Having become environmentally enlightened, I will encourage others to follow a similar path in a positive way.